

Relational Inclusion blog #1:

This week I'd like to share:

1) A quote from Sarah Ockwell-Smith's book called Gentle Discipline:

*There is a misconception in our society that children learn best by being punished and shamed.*

*The reality couldn't be further from the truth. If you want kids to behave better, you have to make them feel better.*

2) An interesting google maps metaphor (we could think about how we talk to our children and apply this!):

### **Be like Google maps -**

Google Maps doesn't say, "Hey, you're going the wrong way!" when you take a wrong turn.

It simply adjusts your route and tells you the next turn you should take.

And just like that, maybe you're not off track in life. Perhaps your route just got redirected and it might take longer and further to get there, but guess what-you're still on track.

Sometimes you arrive at your destination. Other times you get a new direction

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3) An interesting article about Effective Send and Inclusion strategies

[Effective SEND and Inclusion Strategies Every School Should Consider](#)

4) An image which really highlights society's obsession with labelling children (is this really what we want??):



And finally, the 2024 Reith Lectures are a fascinating listen, particularly lectures 3 and 4

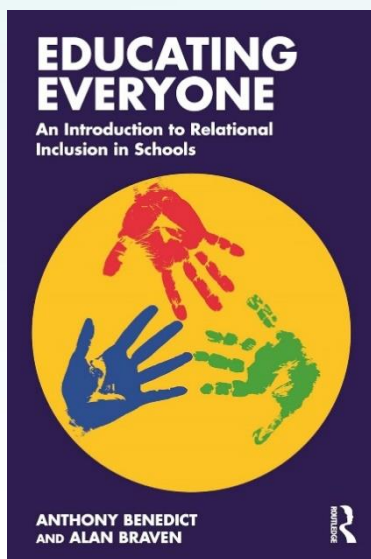
<https://www.bbc.co.uk/programmes/articles/1dh6Wd9vmhyPW9khW45Wpmd/five-things-ive-learned-from-working-with-violent-perpetrators>

I'll end with this quote which seems appropriate considering the weather:

*If you choose not to find joy in the snow, you will have less joy in your life but still the same amount of snow.*

If people in your networks would benefit from these emails, please share or contact Hannah to add them to the email.

Our book, *Educating Everyone: An Introduction to relational Inclusion in Schools* comes out in April and is available to pre-order here:



Thanks for reading

Anthony Benedict

CEO Ambition Community Trust